



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES



Virginia Aging Network

Kathryn Hayfield, Commissioner

WEEKLY E-MAILING

May 22, 2018

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<https://acl.gov/>

NASUAD Information

Here is a link to news and press releases from NASUAD:

<http://www.nasuad.org/newsroom/nasuad-news>

Note: The web links in this document may change over time. DARS does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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2019 Allocations to AAA's

Maurice Talley, Fiscal and Grants Management Administrator

As you know, the FY 2018 Omnibus Bill included additional funding for AAAs. DARS just received the new awards from ACL and we are in the process of reviewing the information. Our process for calculating the fiscal year 2019 allocations, which will include actual fiscal year 2018 award/carryover funds, is underway and we will be on target to provide this information by the same date as previous years. Please feel free to contact me.

Maurice Talley
Fiscal & Grants Management Administrator
[804.662.9309](tel:804.662.9309)



Hurricane-related Flooding and Older Adult Preparedness (FEMA)

Chip Stratton, ECO, DARS/Wilson Workforce and Rehabilitation Center

Learn about Hurricane-related flooding and older adult preparedness, from FEMA'S Individual and Community Preparedness e-brief. Feel free to pass this information along to others and tune in to your local news station or the National Weather Service for the most current weather impacts to your area.

Individual and Community Preparedness eBrief

May 17, 2018

In this issue:

- Prepare for Flooding During Hurricane Season
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[Prepare for Flooding During Hurricane Season](#)



Stay prepared for possible flooding throughout hurricane season. Whether you live in a hurricane-prone area or not, heavy rains or flooding may still affect you.

Flooding can happen during any season. Some areas of the country are at greater risk at certain times of the year.

While coastal areas are at higher risk for flooding during hurricane season, the Midwest is more at risk in the spring and during heavy summer rains. Ice jams occur in the spring in the Northeast and Northwest. Even the deserts of the Southwest are at risk during the late summer monsoon season.

The [FEMA 2016 National Household Survey](#) reports that 4 in 10 emergency plans include an evacuation plan. Make sure you and your family prepare with these tips from [Ready.gov/Floods](#):

- [Know your flood risk](#).
- Familiarize yourself with local emergency plans. Know where to go and how to get there should you need to get to higher ground, or to evacuate.
- Make a flood [emergency plan](#) for the relevant type of local flood risk with plans such as evacuation, shelter, and locations for high ground.
- Build or restock your [emergency kit](#), including a minimum of three days of food and water, flashlight, batteries, cash, prescription medications and first aid supplies.
- Consider buying [flood insurance](#). Homeowners insurance and renters insurance do not typically cover

flood damage.

- Stay tuned to your phone [alerts](#), TV, or radio for weather updates, emergency instructions, or evacuation orders.

For more flood safety information, download the [How to Prepare for a Flood](#) guide and watch the [When the Clouds Form](#) video.

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[Preparedness for Older Americans Month](#)



During [Older Americans Month](#) (May), make sure the older adults in your life prepare for emergencies.

Identify what you and the older adults in your home may need to prepare. Include those needs in your [emergency plan](#). Add any necessary items to your [emergency supply kit](#). The [Ready](#) Campaign recommends that seniors consider the following:

- Create a network of neighbors, relatives, friends, and co-workers to help you. Discuss your needs and make sure everyone knows how to use any equipment. You may want to discuss your needs with your employer.
- Be ready with extra wheelchair batteries, oxygen, medication, food for service [animals](#), and any other items you might need.
- Keep written copies of your prescriptions, over-the-counter medications, and allergy information in your emergency kit.

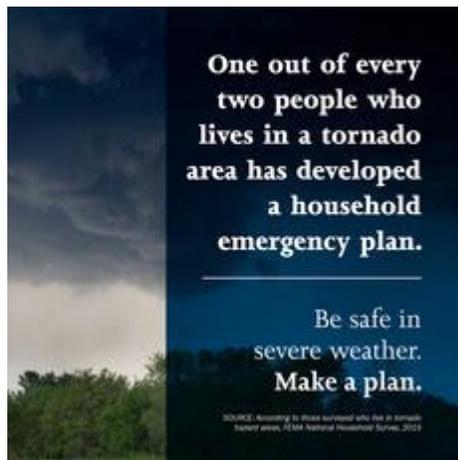


- Make a list of the type and model numbers of the medical devices you need.
- Talk with your medical providers about their emergency plans. Work with them to identify back-up service providers.
- Have copies of health records. The [U.S. Department of Health and Human Services](#) (HHS) provides an [online tool](#) to help people locate their electronic health records.
- Plan with friends, family, or service providers in the event of an evacuation.

Find more information for older adults at www.ready.gov/seniors.

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When a Tornado Hits



Do you know how to react to tornado watch or warning?

Know how to stay safe by seeking shelter and protecting your head. Most tornado injuries occur because of flying debris.

Do you know if your neighborhood is at risk for tornadoes? The tips to stay

safe in a tornado are simple and easy to practice.

Whether you find yourself in a building, in a car or outside during a storm, [Ready.gov](#) provides the following actions to stay safe.



In apartments, houses, small buildings, or high-rises:

- Go to a designated area or safe room built to Federal Emergency Management Agency [P-361 criteria](#) or tornado storm shelter built to [ICC 500 criteria](#).
- If a safe room is not available or you are unable to move there safely, take shelter in a basement, storm cellar, or in the center of a small interior room on the lowest level (closet, interior hallway) away from corners, windows, doors, and outside walls.
- In a high-rise building, go to a small interior room or hallway on the lowest floor possible.

In a mobile home or office:

- Go to the lowest floor of a sturdy, nearby building or a storm shelter. Mobile homes, even if tied down, offer little protection from tornadoes.

Outside with no shelter

- Get into a vehicle, buckle your seatbelt, and try to drive to the closest sturdy shelter. Never try to outrun a tornado in urban or congested areas.
- Take cover in a stationary vehicle. Put the seatbelt on and cover your head with your arms and a blanket, coat or another cushion if possible.
- Lie in an area lower than the level of the roadway and cover your head.
- Do not get under an overpass or bridge.

For more information, visit the [Ready.gov/Tornadoes](https://www.ready.gov/tornadoes); download the [How to Prepare for a Tornado](#) guide, or watch the [When the Storm Comes](#) video.

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[Webinar - Protecting Your Organization: Resources, Partners,](#)



and Tips to Help Keep Your Office, House of Worship, or Community Center Safe

The Department of Homeland Security (DHS) Center for Faith and Opportunity Initiative and the Federal Emergency Management Agency's (FEMA) Individual and Community Preparedness Division invite you to a webinar on **Wednesday, May 23**. This webinar features practices for faith-based and community organizations to engage in disaster preparedness activities. They will also receive information on FEMA's Non-Profit Security Grant.

Title: Webinar - Protecting Your Organization: Resources, Partners and Tips to Help Keep Your Office, House of Worship, or Community Center Safe

Date: Wednesday, May 23, 2018

Time: 2:00 – 3:30 p.m. ET

How to Join the Webinar:

- Please, register with the [Adobe Connect registration](#) web link.
- Be sure to [test your Adobe Connect connection](#) before the meeting.
- This webinar offers captioning.
- For more information, please contact FEMA-Prepare@fema.dhs.gov.

We hope that you will be able to join us on May 23!

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Important Dates to Remember

- May 21-23: [E426 Building a Roadmap to Resilience](#)



[course](#)

- May 23 at 2 p.m. ET: [Webinar - Protecting Your Organization: Resources, Partners and Tips to Help Keep Your Office, House of Worship, or Community Center Safe](#)
- May 28: Memorial Day
- June 1: [Atlantic Hurricane Season Begins](#)
- June 1 – 7: [National CPR and AED Awareness Week](#)
- June 1 – 30: [National Pet Preparedness Month](#)

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Disclaimer: The reader recognizes that the federal government provides links and informational data on various disaster preparedness resources and events and does not endorse any non-federal events, entities, organizations, services, or products. Please let us know about other events and services for individual and community preparedness that could be included in future newsletters by contacting FEMA-prepare@fema.dhs.gov.

Contact Us

EMAIL: FEMA-prepare@fema.dhs.gov | TWITTER: [@Citizen_Corps](https://twitter.com/Citizen_Corps)



May 21, 2018

New Funding Opportunity: Innovations in Nutrition Programs and Services

ACL just released a [new funding opportunity](#) for the aging services network. This opportunity supports the testing and documentation of innovative and promising practices that enhance the quality, effectiveness, and proven outcomes of nutrition services programs.

Innovations could include a nutrition effort combined with addressing a local or national need such as: reducing falls; improving chronic conditions; improving oral health; increasing social connections; reaching OAA target populations; decreasing anxiety, depression, emotional disturbances or suicide; improving overall physical and mental health symptoms; and increasing activity involvement.

Approaches must have the potential for broad implementation throughout the network and demonstrated value. Examples of value could be cost savings or addressing a national need. Applicants must explain how they see their proposal as innovative, how broad implementation can be done, and the potential effect on the network.

ACL plans to award approximately four cooperative agreements to domestic public or private non-profit entities for a 24-month project period. Applicants may request a total maximum of \$250,000 for each of the two 12-month budget periods.

An informational call for interested applicants will be held on **June 12, 2018 at 2:00 pm, ET**. To register for this call, go to <https://www.mymeetings.com/emeet/rsvp/index.jsp?customHeader=my>



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[meetings&Conference_ID=7527433&passcode=4010154](#)

This Funding Opportunity closes on **July 17, 2018.**

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May 22, 2018

Alzheimer's Disease Programs Initiative (ADPI) Funding Opportunity

ACL recently announced the [Alzheimer's Disease Programs Initiative \(ADPI\)](#) funding opportunity. This funding will support and promote the development and expansion of dementia-capable home and community-based service (HCBS) systems in both states and communities.

There are two application options contained in the single funding opportunity. The first is Option A, grants to states. The second is Option B, grants to communities. The dementia-capable systems resulting from program activities under either option are expected to provide quality, person-centered services and supports that help individuals remain independent and safe in their communities.

All successful applicants will have significant direct service components, include implementation of evidence-based or evidence informed interventions, and robust evaluations.

ACL has \$20,400,542 available for cooperative agreements under the ADPI.

There will be approximately twenty-two cooperative agreements to state and community entities for 36-month project periods.

There will be an informational call for states, as well as one for community-based organizations.

Call-in information is as follows:

Option A (Grants to States)



May 24, 2018 from 1:00 pm - 2:00 pm EST

Toll Free Number: 800-593-8979 Passcode: 6121210

Option B (Grants to Communities)

May 24, 2018 from 2:30pm - 3:30 pm EST

Toll Free Number: 800-988-9634 Passcode: 84679

Applications for this funding opportunity are due on **July 16, 2018**. For more information about this opportunity, go to

<https://apply07.grants.gov/apply/opportunities/instructions/oppHHS-2018-ACL-AOA-ADPI-0307-cfda93.470-cidHHS-2018-ACL-AOA-ADPI-0307-instructions.pdf>



Having trouble viewing this email? [View it as a Web page.](#)

May 22, 2018

New Survey on Community-Based Organizations-Health Care Partnerships

The [Aging and Disability Business Institute](#) is continuing its work to better understand contracting relationships between community-based organizations (CBOs) and health care entities. Today they are launching a second RFI Survey to learn more about CBO-Health Care Partnerships, and to find out how the contracting landscape has changed over the past year.

With your help, they learned from their 2017 Request for Information Survey that aging and disability CBOs across the country are partnering with health care payers and providers to address social and behavioral determinants of health. With partners at Scripps Gerontology Center, they reported their findings in a [brief report](#) and on the [Health Affairs blog](#).

Learning more about the number of contracts CBOs have with health care partners, as well as what types of health care entities they are partnering with and what services they are providing, will help to better understand the current landscape and increase the number, quality, and sustainability of contracts between CBOs and the health care sector. The Business Institute needs your help to continue to build knowledge about, and capacity for, these important collaborations.

[ACCESS THE RFI SURVEY](#)

Even if you do not currently have a contract with a health care entity, please complete this survey. All responses will provide vital insights into training and technical assistance needs for CBOs seeking to



contract with health care entities. In addition, they want to hear from you whether or not your organization completed the survey last year. Please coordinate efforts within your organization to ensure only one survey is completed per agency.

The survey should take about 10 to 30 minutes to complete based on your current contracting status. Please respond no later than **Monday, July 2.**

Following your participation, your agency will be able to enter a drawing for a registration (up to \$700) to attend a conference of your choice.

If you have technical issues with accessing the survey or answering the questions, please contact Scripps Gerontology Center, at aaasurvey@miamioh.edu or 855-359-3033.

Thank you in advance for your participation, and for the incredible work you continue to do to serve older adults, people with disabilities, and caregivers.

Learn more about [ACL's Business Acumen Initiative](#) to help states and community-based organizations build networks and respond to delivery system changes, including technical assistance, building business capacity for successful contracting with integrated care entities, and developing pathways to sustainability.



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Link to DARS Independent Living Monthly Newsletter

Rhonda Jeter, MS, CRC, Director of Independent Living

Past issues of IL News Notes are posted on the DARS IL Public Forms Cabinet:

<https://www.vadars.org/formscabinet/Formscabinet.asp?pass=etl&tl=CIL&pg=>