



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES



Virginia Aging Network

Kathryn Hayfield, Commissioner

WEEKLY E-MAILING

June 5, 2018

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<https://acl.gov/>

NASUAD Information

Here is a link to news and press releases from NASUAD:

<http://www.nasuad.org/newsroom/nasuad-news>

Note: The web links in this document may change over time. DARS does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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Update: 2018 ACL Funding/AMR's

Maurice Talley, Finance and Grants Management Administrator

We are thankful to have just completed awarding of the final 2018 ACL funding and with the State fiscal year-end (June 30) quickly approaching, it is imperative that all AMRs for May 2018 be submitted by the monthly deadline of the 12th (6/12/18). This would tremendously aid our Fiscal Department in capturing complete information and help us properly reconcile all totals as we move to provide you all with the 2019 allocations on or before June 12, 2018. Thank you always for partnering with us to ensure those in need of the vital services rendered continue to receive them.

Thank you and Peace!

Maurice Talley
Department for Aging and Rehabilitative Services
Division for Community Living
804.662.9309



Assisting Older Homeowners After a Natural Disaster

Kathy Miller, Director of Aging Programs

Assisting Older Homeowners After a Natural Disaster

When: Wednesday, June 20th, 2018 at 11:00 a.m. PT / 2:00 p.m. ET.

Older adults face unique challenges and exhibit different vulnerabilities during and after a natural disaster. Older homeowners, for example, may need additional assistance securing their homes and moving out of a storm's path. Recovering from the disaster may also be a challenge for older adults on fixed or limited income.

[This free webcast](#) will address both the practical challenges and resources available to aid older homeowners after a disaster. The discussion will highlight the loss mitigation and other options available to prevent mortgage foreclosure, and housing and other related assistance from FEMA.

Closed captioning will be available on this webcast. A link with access to the captions will be shared through GoToWebinar's chat box shortly before the webcast start time.

Presenters:

- Odette Williamson, Staff Attorney, National Consumer Law Center
- Sapna Aiyer, Managing Attorney, Housing & Consumer Unit, Lone Star Legal Aid

NOTE: This training will be presented in a **WEBCAST** format to accommodate more participants. Due to the high volume of participants, computer audio will be the only option to listen to the presentation. No telephone call-in number will be provided. Please plan accordingly. Thank you.

The webcast will take place on Wednesday, June 20th, 2018 at 11:00 a.m. PT / 2:00 p.m. ET.

[Register Here](#)



May 29, 2018

Webinar: Home and Community-Based Services Quality and e-LTSS

[Register for the webinar on June 13.](#)

The Home and Community-Based Services (HCBS) Quality and e-LTSS webinar is the fifth event in ACL's HCBS quality informational webinar series. The development of e-LTSS (long-term services and supports) and data systems interoperability may provide new avenues for person centered and high quality HCBS.

Join the webinar on June 13 at 2 pm ET to receive an overview of the background and scope of e-LTSS, discussion of stakeholder engagement and dataset development in pilot testing, and e-LTSS results and next steps. The webinar will conclude with an end-user perspective and a brief question and answer session.

Speakers:

- Jean Close, Deputy Director, Division of Community Systems Transformation, Disabled and Elderly Health Programs Group, Centers for Medicare & Medicaid Services
- Elizabeth Palena Hall, LTPAC Coordinator, Office of Policy, Office of the National Coordinator for Health Information Technology
- Beth Munro, Director of Supports Planning, Independence Now, Inc.

[Please register for the webinar.](#)

Note: Registrants will receive the participant access information and a pin number



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via email for logging into this webinar.

View the [archive for the previous webinars on the HCBS quality webpage](#).

Any questions? Please email: HCBS-Quality@acl.hhs.gov.



May 30, 2018

Healthy Aging Summit Schedule Announced

The Healthy Aging Summit! is taking place soon in Washington, DC, on July 16 and 17. The summit will explore ways to help Americans stay healthy as they age. There is still time to sign up and participate!

The 2018 Healthy Aging Summit has 4 meeting tracks:

- Social and Community Context
- Maximizing Quality of Life
- Health and Health Care
- Neighborhood and Built Environment

The first track is Social and Community Context – below you'll find the breakout topics for this track, along with examples of specific presentations. Keep in mind this is only presentations from one track – there are four - [view the full schedule online](#) and join us in DC to find out what else is on the agenda.

Day 1

1:15 PM: Benefits of Community Engagement and Social Interaction

- Fitness, Social Interaction, and Belonging: Conversations About Social Connection with Participants of the Senior Fit Program
- The Importance of Opportunity to Build Social Networks for Older Adults: Understanding Motivation for to Participation in the Senior Fit Program and Differences Between Rural and Urban Areas
- Bringing the Community Together to Become “Age-Friendly:”



Orange County, North Carolina

- Walk Maryland: A State-Wide Health Promotion Initiative

2:45 PM: Opioids and Older Americans

- Meeting the Mental Needs of Community Dwelling Older Adults Through Innovative Programming
- Influence of the Opioid Epidemic in Geographic Disparities of Life Expectancy Among U.S. Counties
- Opioid Harm Reduction in Chronic Pain Management
- The Prevention of Opioid Misuse in Women

4:15 PM: Novel Approaches with Diverse Populations

- Burden of Disease in Risk Factors Among Aged Native Hawaiian and Pacific Islanders
- Social Support and Quality of Life of Native Hawaiian and Pacific Islanders
- Hedonic and Eudaimonic Well Being Among Combat Exposed Vietnam Veterans: Moderating Role of Life Satisfaction and Personality w/ PTSD
- Older Lesbian - Strengthening and Exercise Group for Fall Prevention

10:30 AM: The Impact of Loneliness on Mental and Behavioral Health

- Results of Online Training for Physical Therapists: An Evidence-Based Falls Prevention Program
- Expand the Geriatric Mental Health Care Workforce by Screening and Intervening for Depression
- Reducing Loneliness in Residential Care: An Innovative Preventative Model
- I'm Not Depressed, I'm Lonely: Exploring the Use of an Evidence-Based Depression Management Program to Treat Social Isolation in OA



1:00 PM: Meeting Workforce and Caregiver Challenges

- Supporting Choice and Preference: Tools for Caregivers
- Training a Community Workforce to Address Hearing Impairment and Social Engagement
- Meeting The Growing Need For Direct Care Workers To Support Aging In Place

2:30 PM: The Impact of Community Engagement, the Arts, and the Outdoors on Aging Well

- Healthy Aging in Parks: Innovative Strategies for Arthritis Management Through Parks and Recreation
- There Is No Path Back, Only the Way Forward: Creating a New Paradigm for Empowerment at the Intersections of Arts, Dementia, and Healthcare
- Healthy Aging Through the Arts – the Research, Policy, and Practice of Creative Aging
- Building Health Literacy Through Community Engagement

To register for the conference and learn more, go to:

<https://health.gov/news/announcements/2018/05/the-2018-healthy-aging-summit-social-and-community-context/>

To sign up for the List Serve for this conference, go to:

https://public.govdelivery.com/accounts/USOPHSODPHPHF/subscriber/new?topic_id=USOPHSODPHPHF_49



May 23, 2018

CMS Webinar: Early Use of Community Long-term Services and Supports, Lessons from Money Follows the Person

Thursday, June 7, 2018, 1:30 - 2:30 ET

Teleconference Number: 1-888-330-1716 Passcode: 3261087#

The Centers for Medicare & Medicaid Services is hosting a webinar on the recently released [Money Follows the Person Report from the Field \(PDF\)](#) which found that early access to home and community based services lead to reduced reliance on institutional long term services and supports.

Featured webinar speakers include:

- Jean Close (CMS) & Lori Gerhard (ACL) to share early use highlights and implications from report;
- Steve Eiken (IBM Watson Health) to discuss 2016 Medicaid Long Term Services and Supports Utilization and Expenditure Trends;
- Bea-Alise Rector (State of Washington) to share a state's experience increasing access to home and community based services; and
- Joseph Lugo (ACL) to discuss latest No Wrong Door funding opportunity and new NWD Medicaid Administrative Claiming Tools available to states.

[Please register for this webinar.](#)



June 1, 2018

New Funding Opportunity for Research on Community Living Policy

A new funding opportunity from the [National Institute on Disability, Independent Living, and Rehabilitation Research](#) (NIDILRR) at ACL has been announced for a Rehabilitation Research and Training Center (RRTC) on community living policy.

The purpose of the [RRTC](#) program, which are funded through the [Disability and Rehabilitation Research Projects and Centers Program](#), is to achieve the goals of, and improve the effectiveness of, services authorized under the Rehabilitation Act through well-designed research, training, technical assistance, and dissemination activities in important topic areas as specified by NIDILRR. These activities are designed to benefit rehabilitation service providers, individuals with disabilities, family members, and other stakeholders.

The purpose of this particular RRTC is to engage in research, statistical analyses and modeling, knowledge translation, development of information products, and dissemination to contribute to increased access to and improved quality of home and community-based long-term services and supports for individuals with disabilities of all ages. [View more details and application directions.](#)

Please visit the link above for more details about the grant opportunity and application process. **This grant opportunity closes on July 24, 2018.**

To stay current on NIDILRR grant opportunities, please visit www.grants.gov and search: **NIDILRR** or **93.433**.

Within ACL, NIDILRR works to generate new knowledge and promote its



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effective use to improve the abilities of individuals with disabilities to perform activities of their choice in the community; and to expand society's capacity to provide full opportunities and accommodations for people with disabilities. NIDILRR conducts its work through grants that support research and development.



UPDATES

June 1, 2018

SAMHSA Funding Opportunity for Mental Health Awareness Training

SAMHSA has a funding availability for mental health awareness training for up to \$47.4 million over the next three years. Applications are due by Friday, June 8, 2018.

The purpose of this program is to:

1. Train individuals (for example: school personnel, emergency first responders, law enforcement, veterans, armed services members and their families) to recognize the signs and symptoms of mental disorders, particularly serious mental illness and serious emotional disturbance.
2. Establish linkages with school- and community-based mental health agencies to refer individuals with the signs or symptoms of mental illness to appropriate services.
3. Train emergency services personnel, veterans, law enforcement, fire department personnel, and others to identify persons with a mental disorder and employ crisis de-escalation techniques.
4. Educate individuals about resources that are available in the community for individuals with a mental disorder.

SAMHSA expects to fund up to 126 grantees with up to \$125,000 per year for up to three years.

For more information, go to, <https://www.samhsa.gov/grants/grant-announcements/sm-18-0>



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Having trouble viewing this email? [View it as a Web page.](#)

June 4, 2018

Webinar: Finding the Balance--Enhancing Self-Efficacy in Persons Living with Dementia

Hosted by the National Alzheimer's and Dementia Resource Center.

Tuesday, June 26, 2018, 1:00-2:00 PM ET

[Register for the event](#)

Few attributes of personhood are more zealously protected than self-determination, and few fears more troubling than losing one's independence. For people with dementia this can be particularly intense. Using stories taken from more than 30 years of experience, geriatric psychiatrist Dr. Susan Wehr will illustrate why preserving autonomy and enhancing self-efficacy in people with dementia are important. She will discuss ways professionals can support individuals living with dementia – and their families – in making decisions, even in the context of diminished decision-making capacity.

Registration and Details

Registration is required to receive the webinar information. Visit the [webinar information webpage](#) to sign up and learn more. If you are interested but unable to attend, the webinar recording will be available at nadrc.acl.gov.



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Complimentary CEUs are available for this webinar. [Get more information on CEUs and approved accreditation providers.](#)

Link to DARS Independent Living Monthly Newsletter

Rhonda Jeter, MS, CRC, Director of Independent Living

Past issues of IL News Notes are posted on the DARS IL Public Forms Cabinet:

<https://www.vadars.org/formscabinet/Formscabinet.asp?pass=etl&tl=CIL&pg=>