



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES



Virginia Aging Network

Kathryn Hayfield, Commissioner

WEEKLY E-MAILING

June 19, 2018

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<https://acl.gov/>

NASUAD Information

Here is a link to news and press releases from NASUAD:

<http://www.nasuad.org/newsroom/nasuad-news>

Note: The web links in this document may change over time. DARS does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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Virginia AAAs receive n4a Innovations and Achievement Awards

Kathy B. Miller, Director of Aging Programs

DARS wants to recognize and congratulate three of Virginia's Area Agencies on Aging that are recipients of 2018 **n4a Aging Innovations & Achievements** awards. The awards will be presented during the n4a Annual Conference in Chicago, Illinois, July 28–August 1, 2018.

Appalachian Agency for Senior Citizens is the recipient of two awards, an **n4a Aging Achievement Award** in the Intergenerational Programs category for its Generations Intergenerational Day Care Center and an **n4a Aging Innovations Award** in the Community Planning & Livable Communities category for its Appalachian Agency Senior Living Community.

The **Jefferson Area Board for Aging** is receiving an **n4a Aging Innovations Award** in the Health-LTSS Integration category for its Dementia Care Coordination Program.

Loudoun County Area Agency on Aging is among the recipients of an **n4a Aging Achievement Award** in the Caregiving category for the Loudoun County Caring for the Caregiver Program.

All 2018 *Aging Innovations & Achievement* awardees will receive recognition at a General Session, when representatives from the program supporter WellCare will present monetary awards to the top three ranked *Aging Innovations Award* recipients.

Please join DARS in congratulating your peers for these outstanding best practice awards!



New Director for Arlington Agency on Aging

Cecily Slasor on behalf of Maimoona Bah-Duckenfield

We have had some exciting changes here in Arlington. Rachel Coates is the new AAA Director in Arlington. See our announcement below.



Rachel Coates is honored and humbled to serve in the role of the Arlington Agency on Aging (AAA) Program Director. Rachel has been with Arlington County Aging and Disability Services Division for more than seven years serving as a Management Analyst / Program Coordinator with the AAA since 2015. Prior to joining the AAA, Rachel served as a Human Services Clinician with the Adult Services team and provided auxiliary support to the Adult Protective Services team.

In this role, Rachel will expand on her experience shaping policy, evaluating programs that enhance autonomy, reducing barriers to access services, and improving quality of life for older adults and persons with disabilities. She will



continue to support the Commission on Aging and contribute to Arlington County's WHO/AARP Age-Friendly implementation plan.

Rachel has been recognized nationally for her development of Aging without Bars, a program that integrates service coordination for older inmates returning to the community and for her work focused on Emergency Planning for Vulnerable Populations.

Rachel holds a graduate degree in Forensic Psychology from Argosy University in Washington, D.C., and a Bachelor's degree in Psychology from the University of Pittsburgh. In her spare time, Rachel loves traveling, reading, playing and watching soccer and spending time with family.



National Healthcare Decisions Day Newsletter

Kathy B. Miller, Director of Aging Programs

Dear National Healthcare Decisions Day Team:

We're two months after NHDD 2018, and our NHDD 2019 countdown is 10 months! I hope you have both caught your breath after NHDD 2018 and found continued reasons to engage in 2019.

A big thanks to the 170 NHDD participants who responded to our post-NHDD survey. While the number of survey respondents reflects only a fraction of total participation, the data are still impressive:

- Staff or organization members reached via direct (face-to-face) approaches: 45,901
- Staff or organization members reached via indirect approaches: 382,170
- General public reached via direct (face-to-face) approaches: 176,155
- General public reached via indirect approaches: 1,262,170
- Estimated advance directives distributed: 18,363
- Estimated advance directives executed: 1,046
- NHDD coverage (reported exposure): 14% radio, 26% newspaper, 51% email from membership organization, 57% internet

Combining the above with past surveys (which also reflected only a fraction of total participants), here's what we've achieved in our 11 years of NHDD:

- Over 5.1 million facility/organization staff members received NHDD/advance directive information or training
- At least 5.3 million members of the general public participated in NHDD events and/or were known to have received advance directive information



- Over 16 million people were exposed to NHDD via various social media outlets: [Facebook](#), [Twitter](#), and [LinkedIn](#), and #NHDD "trended" on Twitter (2015)
- Over 38,000 advance directives were completed

If you are interested in some additional reading on where we are trending with advance care planning and a great consumer survey from the Massachusetts Coalition for Serious Care, [click here!](#)

More good news: the use of the advance care planning billing code for Medicare recipients doubled in the last year, but it still only represents less than 1% of Medicare beneficiaries. [Click here](#) to learn more.

All of the above are fantastic. WE ARE MAKING A DIFFERENCE, but we've got lots more work to do. So, please mark your calendar for April 16, 2019 and take a few minutes to recruit some others (colleagues, membership organizations, care partners, faith communities, and others) to join the NHDD initiative at www.nhdd.org. The bigger the team, the greater our impact.

As always, it is an absolute honor to be working with you, and I am thrilled by the on-going success of NHDD.

Cheers,
Nathan
Chair

National Healthcare Decisions Day Initiative

www.nhdd.org or www.nationalhealthcaredecisionsday.org

[Twitter](#) | [Facebook](#) | [LinkedIn](#)

Join us by clicking [here](#).

your decisions matter



UPDATES

n4a is Hosting a Webinar on Increasing Social Engagement through Lifelong Learning

Join n4a for the third in a five-part webinar series, engAGED: Increasing Social Engagement for Older Adults, focused on increasing the engagement of older adults to promote health and wellness. The series highlights resources from our partners on the [engAGED: National Resource Center for Engaging Older Adults](#) – the National Center for Creative Aging, Generations United, Osher Institutes for Lifelong Learning, and the Older Adults Technology Services (OATS).

The event takes place on June 20th from 2:00 PM EDT - 3:00 PM EDT

This webinar will be presented by the National Resource Center for Osher Lifelong Learning Institutes. Steve Thaxton, executive director of the Resource Center, will host a discussion of what lifelong learning entails, best practices for engaging older adults through lifelong learning, and how it contributes to health and wellness. Presenters for all of the webinars will share inspiring stories, tips, and resources to help the Aging Network increase the social engagement of older adults.

[Register Today!](#)



June 15, 2018

New ACL Funding Opportunities to Enhance Access to Home Modifications and Strengthen Financial Literacy & Preparedness of Family Caregivers

Promoting Aging in Place by Enhancing Access to Home Modifications

Older adults overwhelmingly prefer to stay in their homes and communities as they age, but millions live in homes that lack accessibility features that support doing so safely and independently. Home modifications and repairs can help older adults age in place and maintain their independence. In many cases, home modifications can also help to prevent falls and other accidents. ACL intends to award one cooperative agreement designed to address barriers to optimal access to and use of home modifications that support aging in place. The project will be expected to provide technical assistance and serve as a repository for home modification best practices and innovations that can be replicated at the local level.

Funding opportunity number: HHS-2018-ACL-AOA-HMOD-0308

Estimated total program funding: \$250,000

Proposals due: August 13, 2018

[View the full funding announcement on grants.gov](#)

Strengthening the Financial Literacy and Preparedness of Family Caregivers

Family caregivers often experience significant financial burdens while also facing the challenges of managing the financial affairs of their loved ones. To



help address these issues, ACL intends to award one cooperative agreement to undertake activities to improve the financial literacy and preparedness of family caregivers in two key areas: 1) for family caregivers to ensure their own financial well-being, and 2) to better equip them to undertake “financial caregiving” tasks on behalf of a care recipient. Objectives for this project include advancing the understanding of the need for and the available interventions to improve the financial literacy of family caregivers; develop and test new interventions to improve/strengthen financial literacy among family caregivers; and, broadly disseminate project findings, new interventions, and best practices that emerge from the project.

Funding opportunity number: HHS-2018-ACL-AOA-FLFC-0309

Estimated total program funding: \$250,000

Proposals due: August 10, 2018

[View the full funding announcement on grants.gov](#)

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Link to DARS Independent Living Monthly Newsletter

Rhonda Jeter, MS, CRC, Director of Independent Living

Past issues of IL News Notes are posted on the DARS IL Public Forms Cabinet:

<https://www.vadars.org/formscabinet/Formscabinet.asp?pass=etl&tl=CIL&pg=>