



Division for Community Living

Kathryn Hayfield, Commissioner

VDA WEEKLY E-MAILING

December 18, 2018

Table of Contents

[ACL News & Information Link](#)

[NASUAD State Technical Assistance Link](#)

[Lifespan Respite Voucher Program](#)

[ACL: Findings of the National Family Caregiver Support Program Evaluation](#)

[ACL: Ask Dr. Kate Lorig About the Role of Chronic Disease Self-Management](#)

[Education in the Opioid Epidemic](#)

[DARS Independent Living Newsletter](#)

ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<https://acl.gov/>

NASUAD Information

Here is a link to state technical assistance from NASUAD:

<http://www.nasuad.org/state-technical-assistance>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

Virginia Lifespan Respite Voucher Program

Kathy B. Miller, Director of Aging Programs

DARS received a new Lifespan Respite Grant from the Administration for Community Living. This grant has allowed the renewal of the Virginia Lifespan Respite Voucher Program, which is now accepting applications for up to \$400.00 in reimbursement for short-term respite care. The new grant, which runs until 2021, is trying to increase outreach to caregivers of individuals with dementia, as well as, grandparents and relative caregivers of children under the age of 18 or individuals between the ages of 19 and 59 with a severe disability.

Nick Slentz
Lifespan Respite Voucher Program Coordinator
nick.slentz@dars.virginia.gov

804.588.3978



Are you caring for a relative in your household who has a disability or chronic condition? Learn how to apply for up to \$400 in reimbursement for respite services.

The Virginia Department for Aging and Rehabilitative Services is offering up to \$400 in reimbursement per family for respite services to assist Virginians with disabilities or chronic conditions and the family members who provide their care. Priority will be given to assisting caregivers for loved ones with dementia, as well as, helping grandparents or relative caregivers providing care to a child under age 18 or an individual between the ages of 19 to 59 with a severe disability.

Respite care is care provided to someone with special needs as temporary relief to a family caregiver. Respite care can be for different periods of time, from a few hours to days or weeks.

To apply for the Virginia Lifespan Respite Voucher Program:

- You must be a Virginia caregiver of a child, or an adult, who resides full-time in your household.
- The primary caregiver for the person receiving care must apply for the funds. You may receive up to one \$400.00 benefit.
- You may not use voucher funds to reimburse household expenses or daycare; for example, so that the caregiver can go to work.
- Not everyone who applies will be approved, and those who have benefitted from the program in the past will be ineligible for the current program.

To learn how to apply, visit www.vda.virginia.gov, call toll free at (800) 552-3402 or send an email to nick.slentz@dars.virginia.gov for information on the Virginia Lifespan Respite



Voucher Program.



December 13, 2018

Webinar Materials Available: Findings of the National Family Caregiver Support Program Evaluation

On November 28, 2018, the Administration for Community Living held a webinar on the [National Family Caregiver Support Program Outcome Evaluation](#).

The project is under the leadership and the webinar was hosted by Heather Menne, Ph.D., with ACL's Office of Performance and Evaluation. The Preview of Outcome Evaluation and Results were presented by the Westat Evaluation Team: Joanne Campione, PhD, Project Director; Dwight Brock, PhD, Senior Statistician; and Kate Zebrak, PhD, Lead Researcher, and concluding remarks were presented by Greg Link, M.A., Director of the Office of [Supportive and Caregiver Services](#), Administration on Aging, ACL.

This webinar presents a preview of the results and conclusions from the Outcomes Evaluation of the National Family Caregiver Support Program (NFCSP) and describes NFCSP participants demographic and caregiving characteristics, as well as examines the impact of the program on key caregiving outcomes such as burden and caregiving confidence.

- [Presentation slides: Westat Outcome Evaluation Briefing Access Report](#) [pdf]
- [Comments and Questions from Webinar: NFCSP Outcome Evaluation](#)
[Comments and Questions from Webinar](#) [pdf]
- Audio [wav/mp3] or Transcript: -- available upon request

For more information, see [The Caregiver Outcome Evaluation Study of the National Family Caregiver Support Program](#).

Learn more about ACL's [Supportive and Caregiver Services Programs](#).



December 14, 2018

Ask Dr. Kate Lorig About the Role of Chronic Disease Self-Management Education in the Opioid Epidemic

Monday, January 7, 2019, 2:00-4:00 PM ET

[Register for the event](#)

The opioid epidemic is impacting every community across the country, and older adults are particularly hard hit for a number of reasons. Join the Self-Management Resource Center, the National Council on Aging, and the Evidence-Based Leadership Council for a discussion about the role of chronic disease self-management education in addressing the opioid epidemic. This webinar will provide a forum to ask questions about opioid use in older adults and the applicability of the Chronic Pain Self-Management Program as a tool for prevention and management.

Presenters:

- **Kate Lorig**, Dr.P.H., Partner, Self-Management Resource Center & Professor Emerita, School of Medicine, Stanford University
- **Beth Darnall**, PhD, Clinical Professor, School of Medicine, Stanford University

Registration is required to receive the webinar information. Visit the [webinar information webpage](#) to sign up and learn more.

Questions for Kate will be accepted prior to the event via [online survey](#), and answered during the webinar as time allows



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Link to DARS Independent Living Monthly Newsletter

Rhonda Jeter, MS, CRC, Director of Independent Living

Past issues of IL News Notes are available on the DARS Intranet:

<https://intranet/docrepo/DARSCILDocViewer.html>