



WEEKLY E-MAILING
May 7, 2019
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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<https://acl.gov/>

NASUAD Information

Here is a link to state technical assistance from NASUAD:

<http://www.nasuad.org/state-technical-assistance>



UPDATES

**Older American's Month beginning May 1
All materials now available! Visit acl.gov/oam.**

Over the last several months, we've been adding to our collection of materials to help you celebrate Older Americans Month 2019. Now, #OAM19 is a week away and everything is available online, including the latest addition: the [OAM infographic](#).

Visit the site for [logos](#), [posters](#), [social media graphics](#), [templates](#), and [activity ideas](#). Plus, [web badges](#), [artwork for buttons and banners](#), and more.

Join the conversation online: [#OAM19](#) · [#ConnectCreateContribute](#)

April 30, 2019

RIC Resources for Culturally and Linguistically Competent Long-term Services and Supports (LTSS)

LTSS are a vital part of care for many dually eligible beneficiaries. LTSS include nursing facility services, adult day programs, home care, and personal care services. Individuals from minority groups often experience disparities in access, quality, and outcomes in LTSS. To help address these disparities, providers and plans may look for ways to meet the cultural and linguistic needs, values, and preferences of diverse individuals.

Resources for Integrated Care (RIC) invites you to explore the resources linked below that contain promising practices relevant to a wide variety of LTSS settings, and case studies demonstrating these practices in action.

Providing Culturally Competent Care: Meeting the LTSS Needs of Dually Eligible Beneficiaries

This webinar describes strategies plans and providers can use to identify LTSS preferences, values, and needs of members from diverse cultural backgrounds. It addresses effective approaches for providing LTSS and training the LTSS workforce.

This webinar is also available as a set of podcasts on the [SoundCloud page](#). A supplemental [resource guide](#) and [Q&A document](#) are also available.

Culturally Competent LTSS in Action: Keiro Northwest

This spotlight describes culturally competent LTSS programs at Keiro Northwest, including assisted living and skilled nursing facilities, and home care and adult day programs. It highlights how they incorporate architecture, décor, food, activities, and community connections to meet participants' needs and preferences.

Culturally Competent LTSS

This resource compendium is intended for providers and health plans interested in enhancing capacity to provide and coordinate culturally competent LTSS. Resources include reports, guides, tools, and trainings applicable to a range of settings.

Culturally Competent LTSS for LGBT Individuals

More than one million older adults self-identify as LGBT. Providers may not always know how to best support LGBT individuals in ways that meet their needs and preferences. This compendium offers resources to providers interested in enhancing their capacity to provide culturally competent LTSS for LGBT individuals.

[Explore more resources on cultural competence](#)

May 2, 2019

SAMHSA Issues Brief on Inappropriate Use of Antipsychotics in Community Settings

SAMHSA has recently released a new brief, *[Guidance on Inappropriate Use of Antipsychotics: Older Adults and People with Intellectual and Developmental Disabilities in Community Settings](#)*. ACL staff provided guidance for the development of this brief.

The brief is intended primarily for physicians and other prescribers as well as support staff, administrators, and caregivers working with people with dementia and intellectual and developmental disabilities (IDD) in community settings. To reduce inappropriate prescribing, this brief reviews non-pharmacologic behavioral approaches and strategies to avoid and reduce prescribing of antipsychotics whenever possible.

Key messages:

1. Behavioral manifestations of dementia and IDD require careful assessment and management.
2. Non-pharmacologic approaches to care should always be attempted first, including helping individuals maintain a routine schedule, avoiding demanding or challenging tasks, and focusing on creating a positive environment.
3. If antipsychotics are required for behaviors that are dangerous to the individual or to caregivers, dosage should be started as low as possible with modest increases only when necessary, and medications should be discontinued through tapering if no clinical benefit is observed.

[Download the brief.](#)

May 6, 2019

New Research Brief: ACL Supports for Family Caregivers Across the Lifespan

A new research brief is now available on the [AGID](#) (Aging Integrated Database) website.

Research Brief: Administration for Community Living Supports for Family Caregivers Across the Lifespan

This research brief serves as an introduction to the National Family Caregiver Support Program and related programs administered by ACL that provide support to caregivers of older adults, as well as caregivers of persons with disabilities.

In 2016, the National Family Caregiver Support Program provided support services to more than 212,000 individual caregivers. This included 61,989 caregivers who received respite services, as well as 120,100 individuals who received counseling. ACL also reached more than 20 million caregivers with their informational services.

Check out the ACL's [AGID](#) (Aging Integrated Database) website featuring new enhancements: agid.acl.gov.

May 7, 2019

Webinar 5/22: Contracting with Health Plans: Why Working With Health Plans and Payers Is Vital to the Independent Living Movement

Wednesday, May 22, 2019, 3:00 PM ET

[Register for the event.](#)

Presented by the [Aging and Disability Business Institute](#), this webinar will inform CILs (Centers for Independent Living) and other CBOs (Community-Based Organizations) about partnering with health plans and payers and how it can help to diversify the funding and building of self-sustaining programs. The presenters have first-hand knowledge of how working with health plans and payers provides an opportunity to serve more people, provide more comprehensive services and position organizations as advocates for services for the disability community. Additionally, presenters will address challenges often encountered by CILs and CBOs seeking to contract with or contracting with health plans and payers, as a way to discuss strategies to address and overcome challenges.

Participants will be able to:

- Describe how working with health plans and payers can build self-sustaining programs for CILs;
- Identify the benefits to CILs and CIL consumers in contracting with health plans and payers;
- Describe challenges CILs and other CBOs might face when partnering with health plans and discuss potential strategies to overcome obstacles; and,
- Describe the initial steps to building relationships and partnering with state agencies.

Speakers:

- Suzanne Crisp, Senior Advisor, Public Partnerships
- Richard Petty, MBA, Co-Director of ILRU (Independent Living Research Utilization) and Director, the National Center for Aging and Disability at TIRR (The Institute for Rehabilitation and Research)
- Audrey Schremmer, Executive Director of Three Rivers, Inc.

This webinar is presented as part of the Aging and Disability Business Institute Series, a collaboration of n4a and ASA.

Learn more about the [Aging and Disability Business Institute](#).

Learn more about [ACL's Business Acumen Initiative](#) to help states and community-based organizations build networks and respond to delivery system changes, including technical assistance, building business capacity for successful contracting with integrated care entities, and developing pathways to sustainability.

Link to DARS Independent Living Monthly Newsletter

Rhonda Jeter, MS, CRC, Director of Independent Living

Past issues of IL News Notes are available on the DARS
Intranet:

<https://intranet/docrepo/DARSCILDocViewer.html>