



WEEKLY E-MAILING

May 22, 2019

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<https://acl.gov/>

NASUAD Information

Here is a link to state technical assistance from NASUAD:

<http://www.nasuad.org/state-technical-assistance>

2019 CRIA Training Flyer

Wendy G. Boggs, MSG, No Wrong Door Expansion Coordinator

Please see the following flyer with our 2019 schedule of CRIA training sessions.

CRIA Quarterly Training

- **JUNE 25, 2019 9AM – 1PM**
- Join from PC, Mac, Linux, iOS or Android:
<https://vadars.zoom.us/j/103587094>
Connect to audio line using: 646-558-8656; Meeting ID: 103 587 094
 - ➔ An in-depth CRIA training looking at creating and managing client profiles, encounters, internal/external referrals, adding attachments and monitoring strategies.

CRIA Clips: Encounters and Profiles

- **JULY 23, 2019 11AM – 12PM**
- Join from PC, Mac, Linux, iOS or Android:
<https://vadars.zoom.us/j/220913979>
Connect to audio line using: 646-558-8656; Meeting ID: 220 913 979
 - ➔ In this webinar, participants will learn the difference between CRIA Encounters and Client Profiles, how to search/create/close client profiles and encounters and adding contacts.

CRIA Clips: General Comments and CRIA Notes

- **AUGUST 20, 2019 11AM – 12PM**
- Join from PC, Mac, Linux, iOS or Android:
<https://vadars.zoom.us/j/654803231>
Connect to audio line using: 646-558-8656; Meeting ID: 654 803 231
 - ➔ In this webinar, participants will learn how to enter general comments and CRIA Notes, how to add consent, UAI's, and upload attachments.

CRIA Quarterly Training

- **SEPTEMBER 24, 2019 9AM – 1PM**
- Join from PC, Mac, Linux, iOS or Android:
<https://vadars.zoom.us/j/247056991>
Connect to audio line using: 646-558-8656; Meeting ID: 247 056 991

An in-depth CRIA training looking at creating and managing client profiles, encounters, internal/external referrals, adding attachments and monitoring strategies.

CRIA Clips: Sending & Receiving Referrals

- **OCTOBER 22, 2019 11AM – 12PM**
- Join from PC, Mac, Linux, iOS or Android:
<https://vadars.zoom.us/j/985789367>
Connect to audio line using: 646-558-8656; Meeting ID: 985 789 367
 - ➔ In this webinar, participants will learn about sending and receiving internal/external referrals and checking for and/or giving consent.

CRIA Clips: Monitoring Electronic Referrals

- **NOVEMBER 19, 2019 11AM – 12PM**
- Join from PC, Mac, Linux, iOS or Android:
<https://vadars.zoom.us/j/290133983>
Connect to audio line using: 646-558-8656; Meeting ID: 290 133 983
 - ➔ In this webinar, we will review last month's sending and receiving internal/external referrals and learn how to monitor status of referrals.

CRIA Quarterly Training

- **DECEMBER 17, 2019 9AM – 1PM**
- Join from PC, Mac, Linux, iOS or Android:
<https://vadars.zoom.us/j/752996212>
Connect to audio line using: 646-558-8656; Meeting ID: 752 996 212
 - ➔ An in-depth CRIA training looking at creating and managing client profiles, encounters, internal/external referrals, adding attachments and monitoring strategies.



2020 CRIA Clips suggestions are welcomed and may be submitted to Liz Havenner at liz.havenner@dars.virginia.gov

National Healthcare Decisions Day Information

Kathy Miller, Director of Aging Programs

Dear National Healthcare Decisions Day Team:

The National Healthcare Decisions Day team is reaching out to all our wonderful partners near and far to request your participation in our annual NHDD survey. As part of our efforts to understand NHDD's impact, we are asking participants to please inform us of your efforts to promote NHDD this year by completing the brief survey linked below. It will only take you a few minutes, but it provides us invaluable feedback.

Click [HERE](#) to access the survey.

Thank you for making NHDD 2019 a huge success. And remember, it's never too early to begin planning for next year!

Nathan Kottkamp
Chair

National Healthcare Decisions Day Initiative

www.nhdd.org or www.nationalhealthcaredecisionsday.org

[Twitter](#) | [Facebook](#) | [LinkedIn](#)

Join us by clicking [here](#).

your decisions matter

May 15, 2019 · From the ACL Blog

CREATE for Older Americans Month

by Keri Lipperini, Director, Office of Nutrition and Health Promotion Programs

Older Americans have been creating inventions and works of art since our country's inception. Benjamin Franklin invented the bifocal lens at 78. Actress Rita Moreno has had a career spanning seven decades and currently stars in a Netflix series at 87. Grandma Moses started painting at 76. Every day, older adults put their heads, hearts, and hands into activities that make our communities better places to live.

With a lifetime of skills to draw upon, interests to explore, and goals to achieve, older adults build stronger, more vital communities through their creations. That's why *Create* is the central element in our three-part theme for [Older Americans Month \(OAM\) 2019](#): *Connect, Create, Contribute*. Celebrated each May and led by ACL, OAM is a time to celebrate the valuable contributions of older adults in our communities.

ACL applauds older adults who continue to create – and who inspire others to invest time and talents. We encourage everyone to explore their creative side through a wide range of activities, including:

- Exploring educational opportunities
- Planting a personal or community garden
- Learning to paint
- Studying a new language
- Attending a workshop on financial planning or personal computers
- Starting a new exercise program or take dance lessons

Many opportunities like this are available at your local senior center, and may be offered at a free or reduced rate. Older adults can also create a healthier lifestyle by participating in an evidence-based program. ACL supports the delivery of these meaningful programs across the country, with topic areas that include chronic disease self-management, falls prevention, physical activity,

and mental health. Participants set meaningful goals, engage with and learn from their peers, and benefit from proven results. Find a program near you at the [Evidence-Based Leadership Council website](#).

In Salisbury, MD, Shashi Joslie is creating a healthier life for herself and those around her. She exercises at the wellness gym at her local Area Agency on Aging, and has participated in several evidence-based programs. Shashi has been instrumental in recruiting participants to attend a Diabetes Self-Management Program workshop at her Hindu temple, and is currently working on getting a *Stepping On* workshop up and running. ACL applauds Shashi and others throughout the nation who are not only creating a healthier life for themselves, but encouraging, inspiring, and motivating others to create.

Setting goals, making plans, and attending to personal projects improve our physical and cognitive health. So, let's get creative!

May 21, 2019 · From the ACL Blog

CONTRIBUTE for Older Americans Month

by Greg Link, Director, Office of Supportive and Caregiver Services

Over the next 11 years, 1 in 5 seniors will transition from the workforce to retirement. But that doesn't mean they're done contributing to their communities. In many cases, they are just beginning!

Older adults have a lifetime of experience and insight to offer, and their contributions of time and talent benefit families and communities across the nation. Participating as employees, volunteers, mentors, and advocates, they improve our economy and enhance our quality of life. That's why *Contribute* is the final word in our three-part theme for [Older Americans Month \(OAM\) 2019: Connect, Create, Contribute](#).

Older adults strengthen communities in many ways, including:

- Sharing their skills by teaching or counseling younger people
- Providing childcare to family members or friends
- Organizing food drives, community cleanups, and meal delivery services
- Visiting other seniors to offer help and companionship
- Joining neighborhood associations to take part in community planning
- Sharing their stories about history and culture
- Starting a second career or passion project

Their contributions enhance our communities, and we can return the support by:

- Volunteering with local community organizations that serve older adults
- Helping an older neighbor with errands or chores

- Creating community activities that include people from different generations
- Hiring older adults
- Serving on boards or advisory committees that benefit older adults
- Creating or enhancing programs, services, or personal enrichment activities
- Participating in their support system

For opportunities to contribute, visit nationalservice.gov/serve, and for more about OAM, visit acl.gov/oam.

May 21, 2019

Webinar Recording Now Available for: Intergenerational Connections Help Build Healthy and Prosperous Communities

It is Older Americans Month and ACL now has the recording available for the webinar on Intergenerational Connections Help Build Healthy and Prosperous Communities. It is available at <https://youtu.be/7QFI6KJlk4>.

When older adults are actively involved and engaged in their community while participating in intergenerational programs, it benefits both older adults and the teens or children with whom they interact.

This webinar recording includes information from public health and government officials, as well as aging and volunteer community leaders. They provide an overview of the role intergenerational programs play in building healthy communities, discuss the federal programs and initiatives that focus on boosting older adult community engagement, highlight new research on the health benefits of volunteering, and share how intergenerational programs promote community engagement in boosting resilience.

Featured Speakers were:

Jerome M. Adams, 20th Surgeon General of the United States, Vice Admiral, U.S. Public Health Service Commissioned Corps

Lance Robertson, Assistant Secretary for Aging and Administrator, Administration for Community Living

Debbie Cox Roush, Director, Senior Corps, Corporation for National and Community Service

Kimberly Gallo, Director Aging and Adult Services and **Pam Plimpton**, Intergenerational Coordinator, Aging & Independence Services, County of San Diego, Health and Human Services Agency

Cheryl Christmas, Project Director, DC Senior Corps Foster Grandparent Program

For any questions, please contact Vijeth Iyengar (vijeth.iyengar@acl.hhs.gov).

<https://youtu.be/7QFI6KJlkl>

NADRC Webinar: Caregiving for People with Non-Alzheimer's Dementia

Tuesday, June 4, 2019, 2:00-3:00 PM ET

[Register for the event](#)

In recent years, research on Alzheimer's disease has increased significantly, but there has been less focus on other types of dementias. Because less is known about non-Alzheimer's dementias, under- and misdiagnosis is common, treatment protocols are lacking and it is not clear how best to support people with these dementias and their caregivers. This web seminar will provide an overview of the three most common causes of dementia after Alzheimer's disease, which include Lewy body dementia, frontotemporal degeneration and vascular dementia. Presenters will draw upon available information to describe caregiving for people living with these dementias. Special attention will be given to how caregiving for people with Lewy body dementia and frontotemporal degeneration may be different from Alzheimer's disease. Case studies of caregiving for people with Lewy body dementia and frontotemporal degeneration will be highlighted.

Presenters

- **Sharon S. Denny, M.A.**, is senior director of Programs at the Association for Frontotemporal Degeneration where she leads strategic development of support and education for people with frontotemporal degeneration, their families and healthcare professionals.
- **Angela Taylor** is the senior director of Research and Advocacy for the Lewy Body Dementia Association, where she leads research, advocacy and educational activities of the organization.
- **Sari Shuman** is a senior research public health analyst at RTI International, and serves as the co-director of the National Alzheimer's and Dementia Resource Center.

Registration

Registration is required to receive the webinar information. Visit the [webinar webpage](#) to learn more, including CE credit information.

Closed captioning is available for all NADRC webinars.

This webinar will be recorded and available for viewing through the [National Alzheimer's and Dementia Resource Center](#).

Mark your calendar for the next webinar: [Addressing Social Isolation and Loneliness Among People with Living with Dementia](#), June 25, 2:00-3:00 PM ET.

Link to DARS Independent Living Monthly Newsletter

Kevin Koziol, Director of Independent Living

Past issues of IL News Notes are available on the DARS
Intranet:

<https://intranet/docrepo/DARSCILDocViewer.html>